

### Updated: April 2025\*

This guide is the most recent version of the tool: Version 2.0

As part of the Evidence2Practice Ontario (E2P) program, <u>Amplify</u> <u>Care</u> (formerly the eHealth Centre of Excellence) is providing change management at no cost to support clinicians with the implementation and optimal use of E2P tools.



If you have any questions, please reach out to <u>EMRtools@amplifycare.com</u> and we will be happy to help!

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# Evidence2Practice - Heart Failure Tool v. 2.0.0 - User Guide

## Introduction

EMR tools from the Evidence2Practice Ontario (E2P) program are comprised of conditionspecific modules (scalable to multiple conditions) based on the core clinical functions of quality standards developed to make it easier for clinicians to access and apply best practice information and quality standards at the point of care.

This guide provides a walk-through of the tool with examples, highlighting the most important functionalities. The E2P heart failure tool engages a modular approach format to assist primary care providers with capturing critical information during an encounter. The tool is divided into a few modules: Clinical Assessment, Medication, Management, and Patient Care Plan and Resources.

## **Background/Summary**

Heart failure diagnosis is based on a clinical assessment combined with appropriate testing that either supports or rules out its presence. There is no single test that confirms the presence of heart failure. Formulating a diagnosis as soon as possible facilitates rapid symptom management and may help avoid hospitalization.

The E2P heart failure tool is designed to support clinicians in the diagnosis & management of heart failure. Early diagnosis of heart failure allows primary care clinicians to engage in evidence-based treatment strategies to improve patient outcomes.

## **Purpose of the Tool**

Our objective was to help primary care physicians track the progression and plans of heart failure patients. This tool allows for close monitoring of the patient's stability to help ensure safe practice and was built to help standardize documentation, support primary care clinicians, and support clinical best practices.

## **Getting Started**

The tool is intended to be used over time; forms do not need to be completed in one visit. Users can pull the information that was documented in the previous patient visit and continue to add to it, making your documentation more comprehensive as time goes on.



## **Oscar Pro Feature Comparison**

The suite of E2P tools has been developed for users who have deployed the Oscar Proversion of the EMR. While the eforms can be launched and used by alternative Oscar environments, there may be some functions unavailable.

Feature	Oscar Pro	Oscar Classic
Writing and reading		
multiple measurements	•	•
to database		
Viewing recent lab results		
with individualized targets	•	•
and frequencies		
Launching Disease		
registry with	•	
prepopulated search		
Opening and updating		
'E2P Patient Profile' from	•	*
within the eform		
Launching Preventions		
window from within the	•	
eform		
Sending Ticklers from	•	
within the eform		
Launching Consultations		
window from within the	•	
eform		
Form memory workflow	•	•
Generate note and add		*
copy to Encounter	-	

Included

\*Alternate workflow available



# Using the E2P Heart Failure Management Tool in OSCAR Pro

### Navigating to the modules within the tool



(Found on the top of each module) The components related to the care provision for Heart Failure have been broken into sections.

### **Patient Dashboard**



(Found on the left corner of each module) Tabs:

- Metrics
- Diagnostics
- History
- Resources

## Pull from previous



### (At the top of each module)

After the tool has been completed in a prior visit, clicking the **copy from prior** button will pull all data for each section in the form.

• The **clear** button will clear all the sections.

(At the bottom of each module) There are navigation buttons to allow users to move through the tool without having to scroll up to the top navigation menu.

**Navigation Buttons** 



**Generate Note** 



(At the bottom of each module) The **Generate note button** will extract information from the form and create a general note template with it. **Copy to Encounter** and paste it into the patient's note section.



## Getting Started with the Heart Failure Management Tool

### Dashboard

The dashboard allows clinicians to show/hide the patient metrics, labs, history, or the resources panel alongside the main tool content to enhance documentation during patient encounters.

The ability to combine showing measurements from other E2P tools (i.e., Heart Failure, Anxiety Disorders & Depression, and Diabetes is the newest feature. Users can now toggle through the different measurements from one tool to the other. We intended to support the care of patients who may have multiple co-morbidities and allow the users to be able to view and address both in a single visit using just one tool.

### Summary Tabs

The summary tabs give clinicians the flexibility to show/hide the patient metrics, labs, history, or the resources panel immediately next to the module content to enhance documentation during patient encounters.

From the Summary tabs, the user can simultaneously:

- View/update metrics for NYHA
- Review diagnostic values, modify goals, and launch the lab requisition form.
- Review the resources that were shared with the patient (i.e., heart failure, COPD, diabetes, anxiety, and depression)

From the History Tab, the user can simultaneously:

- Complete the patient's full history of cardiac disease, risk factors, and lifestyle/SDOH.
- This section has form memory automatically enabled, allowing for easy documentation of pertinent information related to care that may be helpful to refer to throughout treatment.



Users can open and complete the NYHA form as well as review metrics for COPD, MH, and DM. We've incorporated color indicators that appear within optimal ranges, serving as visual flags to support diagnostic decision-making.

Green – No concerns/mild Orange – moderate Red – severe



Diagnostics Tab:	Users can:
Update Change   manually Change   frequency Open lab req   Imanually Imanually   Imanually COPD   Imanually Imanually   Imanually COPD   Imanually Imanually   Imanually COPD   Imanually Imanually   Imanually Copen lab req   Imanually Imanually   Imanually Copen lab req   Imanually Imanually   Imanually Copen lab req   Imanually Imanually   Imanually Imanually </th <th><ul> <li>Update/Insert diagnostic values manually</li> <li>Change the targets and frequency to tailor the goals to the patient</li> <li>Launch the lab requisition form</li> </ul> Recently implemented is the ability to review labs from the other E2P Tools as well as the functionality to be able to add lab investigations that need to be ordered into the lab requisition form.</th>	<ul> <li>Update/Insert diagnostic values manually</li> <li>Change the targets and frequency to tailor the goals to the patient</li> <li>Launch the lab requisition form</li> </ul> Recently implemented is the ability to review labs from the other E2P Tools as well as the functionality to be able to add lab investigations that need to be ordered into the lab requisition form.
History Tab:	Users have the option to select Suspect, HF w: reduced ejection, preserved ejection, and mid- range ejection. The definitions for those statuses will be explained in the blue information icon. Clicking on <b>+ medical history</b> will insert a note into the medical history section to better integrate with the EMR. Users also have the option to add to the <b>+disease registry</b> , which the tool will automatically load the respective code to support efficiency. Smoking status can be updated here. Text area to document overall medication history, response, non-pharmacologic history and response, and family history. Once this section has been completed, users can click <b>Update Patient Profile</b> .
Family History	The patient profile tab will be automatically opened, updated, and submitted.



### Resources Tab:



Quickly review the resources that were shared with the patient for all E2P tool-supported conditions from visits in the past.

Checked resources will also appear on the patient care plan with direct web links.

### **E2P Patient Profile**

Designed to be a consolidated overview of the patient including the diagnosis status for all E2P tool-supported conditions. Users can record smoking status, risk factors, other co-morbid conditions, medication history and response, non-pharmacologic history and response, and family history.

This section enables users to update and tailor lab value targets and frequencies for each E2P tool-supported condition.

History Lab va	lues Pending
History	copy from prior clear last done: 2024-10-29
Diagnosis status	
Anxiety:	⊖generalized ⊖social ⊖phobia ⊖panic disorder
Depression:	
Diabetes:	$\bigcirc$ diabetes type 2 $\bigcirc$ prediabetes $\bigcirc$ very high risk $\bigcirc$ high risk $\bigcirc$ low risk/no risk
Heart failure:	⊖ suspect ⊖ HF w/rEF ⊖ HF w/recovered EF ⊖ HF w/mrEF ⊖ HF w/pEF
COPD:	$\bigcirc$ confirmed by spirometry $\bigcirc$ unconfirmed by spirometry $\bigcirc$ suspect
Smoking status	
O Current smoker	○ Ex-smoker ○ Non-smoker □ Second-hand exposure
tobacco	/day pack years
□ vaping/e-cigarr	ettes
□ other inhaled si	JDSTANCES
Risk Factors	



# **Launching Clinical Modules**

**Assessment Module** 

The main elements of this section are the vitals, subjective, and objective sections which allow for the monitoring and updating of vitals and other symptoms. As well as recording the progression of volume status, murmurs, and edema, including pitting edema, and prompt to review diagnostics such as Na, K, Cr, and eGFR.

Current Diagnosis Status: Suspect update status	Copy from prior Clear
Vitals	
DP 120/00 Jul 17, 2023 <u>DIVII</u> 34 Jul 17, 2023 <u>OZ</u>	<u>m</u> 212 Jul 17, 2023
<u>WT</u> 212 Jul 17, 2023 <u>TRGT(DRY) WT</u>	
Subjective Hide Checkboxes	
Symptoms Y has symptom N does not have - symptom not assessed	
- Fatigue - Dizziness/Syncope - Orthopnea # of pillows - PND - Hi	listory of edema - Shortness of breath - Chest pain
Objective Hide Checkboxes	
Objective       Hide Checkboxes         Recent change in weight       Increase in edema         UP       Example of National Action and Actional Actions	
Objective       Hide Checkboxes         Recent change in weight       Increase in edema         JVP       Elevated       Not seen/done         Velevated       Not seen/done	
Objective       Hide Checkboxes         Recent change in weight       Increase in edema         JVP       Elevated       Not seen/done         Volume status       Wet       Dry       Normal	
Objective       Hide Checkboxes         Recent change in weight       Increase in edema         JVP       Elevated       Not elevated       Not seen/done         Volume status       Wet       Dry       Normal         Murmurs       No       Yes       S3       S4	
Objective       Hide Checkboxes         Recent change in weight       Increase in edema         JVP       Elevated       Not elevated       Not seen/done         Volume status       Wet       Dry       Normal         Murmurs       No       Yes       S3       S4         Crackles       No       Yes       Lung bases       Mid lung	
Objective       Hide Checkboxes         Recent change in weight       Increase in edema         JVP       Elevated       Not elevated       Not seen/done         Volume status       Wet       Dry       Normal         Murmurs       No       Yes       S3       S4         Crackles       No       Yes       Mid lung         Wheezing       No       Yes	
Objective       Hide Checkboxes         Recent change in weight       Increase in edema         JVP       Elevated       Not seen/done         Volume status       Wet       Dry       Normal         Murmurs       No       Yes       S3       S4         Crackles       No       Yes       Lung bases       Mid lung         Wheezing       No       Yes       Yes         Decreased air entry       No       Yes       Yes	
Objective       Hide Checkboxes         Recent change in weight       Increase in edema         JVP       Elevated       Not seen/done         Volume status       Wet       Dry       Normal         Murmurs       No       Yes       S3       S4         Crackles       No       Yes       Lung bases       Mid lung         Wheezing       No       Yes       Suspected pleural effusion       No       Yes	
Objective       Hide Checkboxes         Recent change in weight       Increase in edema         JVP       Elevated       Not elevated       Not seen/done         Volume status       Wet       Dry       Normal         Murmurs       No       Yes       S3       S4         Crackles       No       Yes       Lung bases       Mid lung         Wheezing       No       Yes       Yes         Decreased air entry       No       Yes         Suspected pleural effusion       No       Yes         Peripheral edema       No       Ankle       Mid shin       Knee       Sacrum       Generalized	ed



## Management Module

The management section allows users to update the patient's immunization records and document the smoking status and treatment plan.

This module offers the opportunity for clinicians to document that information has been provided to the patient on diet, exercise, and symptom management with the overall goal of improving patient confidence and enhancing their ability to make decisions about their care.

The advance care planning section is designed to easily document what was discussed. Followed by the Assessment and Plan section.

	Assessment Management Medication Patient care plan
	Current Diagnosis Status: Suspect update status Copy from prior Clear
	Discussed / reviewed immunizations (i) update preventions
	Discussed:  Salt/fluid vigilance  Physical activity  Daily weight monitoring  Alcohol intake
	Smoking status: current smoker update smoking status show smoking cessation info
ſ	Smoking Cessation Initial Visit 👔
	urged patient to quit
	Patient ready to quit? O Yes O No
	discussed programs and methods to quit (e.g., behavioural support, smoking cessation programs, nicotine replacement therapy)
L	
	□ Patient is being co-managed with cardiologist/specialist
	Patient is on oxygen therapy
	Advance Care Planning
	Discussed:  SDM Code status Goals of care
	Assessment
	○ Stable ○ Unstable ○ Compensated ○ Decompensated
	Plan
	Referrals Ocean Healthmap
	Cardiologist Heart function clinic Smoking cessation Open consultations Send tickler
	Follow up in:
	Medication Reviewed Updated



# Medication Module

The purpose of the medication section within this module is to document any active medications the patient is currently on and update the medication plan. This section houses the link to the medication reference table that can be used as a support when starting or adjusting medications.

	iagnosis Statu	s: Suspect	update sta	tus			Clear
<ul> <li>When st</li> <li>For peop</li> <li>*In HF v</li> </ul>	arting or adjus ble with HFrEF <b>v/pEF and HF</b>	ting medicatio , guidelines re w/mEF ensu	ns, conside commend ( re blood pr	er reviewing the <u>Med</u> quadruple therapy as essure control and	cation reference to tolerated. diuretics if appro	<u>able</u> opriate*	
Active Me	dications						
<ul> <li>Beta bloc</li> <li>Mineralo</li> <li>Sodium-(</li> <li>Diuretics</li> <li>Potassiun</li> </ul>	ker corticoid recep glucose co-trar	tor antagonist isporter-2 inhi	s (MRA) bitors (SGL	T2i)			
Update p	<b>an</b> Consider	discontinuing					



## Patient Care Plan Module

The care plan is a patient-facing resource that can be used during the encounter or as a separate activity. The goal of this module is to construct a plan of care for the patient including documenting the care team, care consent, patient goals, lifestyle changes, therapy, allergies, medications, and any next steps or follow-up details.

The patient resources section contains a collection of curated resources. This section pulls in the resources that might have been selected within the other modules and even any that have been shared in the anxiety disorders & depression tool as well as the diabetes tool to ensure all resources will be included in one place.

L	AIVI	Date of birt	h: 24/01/1979 (d/m/y)	last done	2025-03-24
Care team			(Include activ	e family/caregivers,	clinicians, community supports)
Name	Role	0	rganization / Address	Contact	Coordinating Lead
					Edit Add
Health care conse	ent and advan	ce care planning			
Substitute Decision	Maker				
Name		Relationship	Phone		
					Update
I have shared m	y wishes, values,	beliefs with my future S	DM as it relates to my ful	ture health care	
Name	F	Relationship	Phone		Alternate Contact
Name	F	Relationship	Phone		Alternate Contact
Name	F	Relationship	Phone		Alternate Contact
Name	۹ 	Relationship	Phone		Alternate Contact
Name Goals It is helpful to pl	F	Relationship s. Using a plan can hel	Phone	lirection, and help you	Alternate Contact



## Feedback

This tool allows you to submit feedback anonymously or allows you to add your email address and name if you wish to be contacted.

The links can be found at the bottom of every module. It will look like this:

© 2024 | Feedback (Average rating: 8.1) | Usage analytics Counts All: 251 Site: 156 You: 7

## **Overview of Usage Analytics**

Please visit our website to review our overview of usage analytics.

E2P brings together multi-disciplinary, cross-sector expertise under the joint leadership of the <u>Centre for</u> <u>Effective Practice</u>, <u>Amplify Care</u>, and <u>North York General Hospital</u>. Funding and strategic guidance for E2P is provided by Ontario Health in support of Ontario's Digital First for Health Strategy.

