



Preventing hip fractures, saving lives.

### Osteoporosis Tool – Accuro QHR User Guide & FAQs

June 2025





## **Osteoporosis Tool - User Guide & FAQs**

### Overview

Osteoporosis is a bone disease that develops when bone mineral density and bone mass decrease, or when the structure and strength of bone change. This can lead to a decrease in bone strength that can increase the risk of fractures (broken bones).

Osteoporosis is a "silent" disease, as there are typically no symptoms present, and patients may not even know they have the disease until they break a bone. Osteoporosis is the major cause of fractures in postmenopausal women and in older men. Fractures can occur in any bone but happen most often in bones of the hip, vertebrae in the spine, and the wrist.

**Osteoporosis Canada** and **Amplify Care** (formerly the eHealth Centre of Excellence) have collaborated to develop a tool that will assist doctors in best-practice documentation of Osteoporosis care for patients. The tool consists of a main form that links to additional guides and resources. The tool has been developed in accordance with the most recent Osteoporosis guidelines (2024).

#### This user guide includes:

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# Section A: Importing the Osteoporosis main form into Accuro EMR

1. Log in to the Accuro EMR and from the main window, click the "Menu" button in the bottom left corner and select "Tools" and then "Form Editor".



2. In the Form Editor window, click the "Tools" option in the top left corner and then select "Publish/Download" from the menu.

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 In the Form Publisher window, type the name of the form in the search bar (Osteoporosis Management Tool v1.0) and click the search button (the magnifying glass icon). Then select the form you want from the list and click the "Download" button located in the bottom right corner. A confirmation pop-up will appear after a successful download.

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4. Now you can use the form in you EMR instance.

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### Section B: Using the Osteoporosis tool in Accuro EMR

- Patient: Test, Abby 2003-May-08 (22 Yr female) 9817 657 696 (555) 555-5555 Health Centre of Exce ጨ Day Sheet Encounter Notes Chronic Conditions Virtual Chart Medications Patient Information Home Patient Test, Abby 22 years old female Filter --All Items-- Providers --All--• Ō Past - 🖸 🔡 💿 2 📴 🔗 🖨 Open All Hide All Scheduler 2025-Mar-13 at 9:30am W Lang 串 **O** 🧪 Notes History of Problems 0 Q Traffic 2025-Apr-10: Ocean Attachments DB 2023-Dec-06 at 4:30pm None Recorded Provider: L W Lang 8 Active Medications 0 Please see attached documents Patients Q None Recorded 2024-Sep-18: Ocean Attachment Provider: La External Medications 0 🛧 Documents None Recorded 🕅 🚺 🖉 🍺 By Tests Labs • \$ Surgical/Medical History θ Claims None Recorded **£**]3 Allergies 0 EMR None Recorded Immunization Schedule Or :8: Wait List None Recorded Tracking Ŀ ø E ш  $\square$ 5 Ŀ
- 1. Log in to the Accuro EMR and navigate to a patient's Encounter Notes panel.

2. Select the drop-down list button located at the top of the Central Column panel.

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3. Under the "Standard Forms" section, locate the form you want (Osteoporosis Management Tool v1.0) and click on it. It will open the form in a new window.

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4. Once you are done editing the form, click the "OK" button in the bottom right corner to add the form to the patient's chart.

Osteoporosis Management ToolPrevious - Test, Abby	۲	_	
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Osteoporosis Assessment Tool - OP Guidelines for p	6. 10-year fracture risk	males 50 years and over	
Initial Assessment     Osteoporosis Dx:     Yes     No       ☐ Follow-Up     Previous Osteoporosis Dx:     Yes     No       Fracture after age 50?     Yes     No     2023 Clinical Guidelines       Identify risk factors for fractures and falls:	Category 10 year fracture risk < 15% OR T-score > -2.5	Action Do not recommend pharmacotherapy	
Fracture after age 50 years: Yes No Hip	10 year fracture risk 15%-19.9% OR T-score ≤ -2.5 and age < 70 yrs*	Suggest pharmacotherapy Intermediate benefit	
Vertebral  Proximal humerus Petvis Other, specify Protograd glucocorticol use  Protograd glucocorticol use	10 year fracture risk ≥ 20% OR T-score ≤ -25 and age ≥ 70 yr* OR ≥ 2 fracture events OR	Recommend pharmacotherapy Largest benefit	
Secondary Osteopores   Menopause at age < 45 years  Other Conditions or Medications	"femoral neck, total hip or lumbar spine FRAX Total Hip %	Date Last Score	
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### **Section C: FAQs**

1. How do I import the Osteoporosis tool?

Importing a custom form to Accuro EMR is a simple process. Please refer to Section A of this document, which shows step-by-step instructions.

2. How do you use the Osteoporosis tool?

Once the user has imported the custom form, go to a patient's encounter notes panel, click the drop-down menu located at the top of the central section, look for the form you want to add and click on it.

3. Are there additional handouts and materials provided with the tool?

Yes, we have several handout materials listed below, and these can be shared with the clinics. In the case of Accuro EMR, they are provided as supporting materials, you do not have to upload them to the EMR.

- Causes of Secondary Osteoporosis
- CEP Falls Checklist April 2022
- Ontario Limited Use Codes Aug 2024
- Osteonecrosis of the Jaw
- Osteoporosis Falls Assessment
- Osteoporosis Falls prevention
- Osteoporosis Repeat BMD
- Osteoporosis Too Fit To Fracture
- Nutrition Key Points
- Pharmacotherapy with Evidence for Fracture Prevention
- Your Guide to Strong Bones

Questions? Please reach out to EMRtools@amplifycare.com.