

Ideal Primary Care Practice Model (IPCPM) Webinar #6 Tip Sheet

September 17, 2025

Webinar #6: Optimizing Primary Care Efficiency Through IHP Integration and Team Collaboration

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September 17, 2025: 12:15 – 1:00 pm EST

Webinar recording link: [IPCPM Webinar 6 Recording](#)

Why Team-Based Care Matters?

- Ontario's challenge: 2M+ residents lack regular primary care; reliance on ER/walk-in is costly & inefficient.
- Only 15% had access to team-based care in 2023 (but growing with new investments).
- Goal: Improve access, continuity, prevention, equity, and system sustainability.

What is Team-Based Care?

Health professionals collaborate at full scope to deliver comprehensive primary care. Core team members may include:

- Nurse Practitioners (NPs)
- Physicians
- Nurses (RN, RPN)
- Pharmacists
- Dietitians
- Social workers/counsellors
- Physiotherapists, Occupational Therapists (OTs), Respiratory Therapists (RTs), Chiropodists

Models in Ontario

1. Nurse Practitioner-Led Clinics (NPLCs) – leadership by NPs in governance & care ([learn more at NPAO](#))
2. Family Health Teams (FHTs)
3. Community Health Centres (CHCs)
4. Indigenous Primary Health Organizations (IPHCOs)

Benefits of Team-Based Care

For Patients

- Faster, holistic access
- Better continuity & coordination
- Improved preventative care (screening, chronic disease mgmt)
- Equity-focused care (fills service gaps)
- Higher satisfaction & confidence
- Aging population support

For Clinicians

- Increased job satisfaction & reduced burnout
- Efficiency through shared workflows
- Ability to focus on expertise
- Stronger professional collaboration

For the Health System

- Reduced costs (less ER & hospital use)
- Increased capacity for complex care
- Stronger community integration

Risks & Challenges

- Requires sustainable funding
- Potential scope/role conflicts
- Ownership of patient care can cause tension
- Need for **education, communication, and regular evaluation**
- Risk of missed care if pathways aren't clear

Success Factors

- **Work to full scope:** each professional must practice at maximum capability
- **Clear processes & care pathways:** avoid duplication or gaps
- **Collaboration skills:** team meetings, conflict resolution, shadowing, shared guidelines
- **Quality initiatives:** in-services, audits, patient feedback

Examples of Specialty Clinics

IHP-led Clinics

- Dietitians: chronic disease mgmt, weight mgmt
- Nurses: foot care, cancer screening, smoking cessation
- Pharmacists: medication reconciliation, chronic pain, addictions
- Social workers: counselling, perinatal mental health
- Physiotherapists: injury mgmt, mobility, falls prevention
- Chiropractors: diabetes & general foot care
- OTs: home safety, mobility support
- RTs: asthma/COPD clinics, smoking cessation

NP-led Clinics

- Women's health & procedures (IUDs, biopsies, contraception, menopause care)
- Minor procedures (joint injections, cyst removal, skin biopsies)
- Travel clinics
- Smoking cessation/addictions
- Breastfeeding support

Internal Referral Best Practices

- Use EMR custom forms with all clinics listed
- Include referral criteria + free-text section
- Automatic alerts to correct clinic staff
- Regular updates on wait times
- Feedback loop to referring clinician after patient is seen

Digital/Virtual solution to improve clinical access to team-based care:

[Alliance for Healthier Communities – TeamCare](#)

Key Resources & Links

- **Amplify Care:** www.amplifycare.com
- Ontario's Primary Care Action Plan, January 2025 Ontario's Primary Care Action Plan, January 2025 | <https://www.ontario.ca/page/ontarios-primary-care-action-plan-january-2025>
- TeamCare | [Alliance for Healthier Communities](#)
- CMA website, 2025 [Why Canada's health system needs \(a lot more\) team-based care](#) | CMA
- NPAO – Nurse Practitioner-Led Clinics: [Learn more](#)
- AFHTO website, 2025 [The Value of Team-Based Care](#) | AFHTO

Additional Resources

- Goodale G, Waddell K, Kupinski H, Bhuiya A, Demaio P, Dass R, Ali A, Wilson MG. Rapid evidence profile #88: Approaches to and measures for evaluating interdisciplinary team-based primary care. Hamilton: McMaster Health Forum, 15 January 2025.
- Warren JL, Warren JS. The Case for Understanding Interdisciplinary Relationships in Health Care. *Ochsner J.* 2023 Summer;23(2):94-97. doi: 10.31486/toj.22.0111. PMID: 37323516; PMCID: PMC10262946.
- Kongkar R, Ruksakulpiwat S, Phianhasin L, Benjasirisan C, Niyomyart A, Ahmed BH, Puwarawuttipanit W, Chuenkongkaew WL, Adams J. The Impact of Interdisciplinary Team-Based Care on the Care and Outcomes of Chronically Ill Patients: A Systematic Review. *J Multidiscip Healthc.* 2025 Jan 30;18:445-457. doi: 10.2147/JMDH.S497846. PMID: 39902192; PMCID: PMC11789502.
- Bouton C, Journeaux M, Jourdain M, Angibaud M, Huon JF, Rat C. Interprofessional collaboration in primary care: what effect on patient health? A systematic literature review. *BMC Prim Care.* 2023 Nov 29;24(1):253. doi: 10.1186/s12875-023-02189-0. PMID: 38031014; PMCID: PMC10685527.

Questions?

If you have questions about the Ideal Primary Care Practice Model initiative or have ideas for upcoming webinars, email us at communications@amplifycare.com.